



After the appointment:

Medications are in your system for 24 hours. **DO NOT DRIVE, operate machinery or make important decisions for 18-24 hours.** Your memory will be compromised during this recovery time. This is normal and temporary. Drink lots of fluids but **refrain from alcohol for 24 hours.**

You can eat right away. A meal, however, may re-sedate you. You may feel somewhat re-sedated in any case, a few hours later. This is normal. Rest at home in the accompaniment of a responsible adult. Restart regular medications and take pain prescriptions as directed.

Your face and tongue may still be numb. Avoid burns by consuming moderately warmed food and beverages. Parents; observe your children carefully for signs of lip, tongue or cheek biting.

We will call to see how you're feeling and answer your questions tomorrow but if you or your family have any concerns in the meantime, call Dr. March personally at 614-975-9001 or go to hospital emergency room.

The IV site may be tender for a few days. Avoid heavy use of your IV arm for 48 hours.