



Cerec Pre/Post Treatment Instructions

Congratulations, on your Cerec!!! You have just received the finest dental restoration that advanced technology dentistry has to offer. Your Cerec Ceramic restoration has replaced a portion of the tooth that has been damaged over time. With proper care it should provide years and years of service, as though your tooth were virtually re-enameled.

Insurance: In order to fully understand what your particular insurance will cover, a pre-determination is recommended. Although most insurance companies will cover the Cerec restoration at a certain percentage, it is impossible to know for sure. Any remaining balance left over after the insurance coverage is the sole responsibility of the patient.

Sensitivity: Mild to moderate sensitivity to hot and cold food or drink is expected follow placement of any bonded dental restoration. Typically, the sensitivity will gradually diminish over a period of a few weeks. A very small percentage of bonded restorations display sensitivity that persists for longer periods of time. If this continues for more than two weeks please inform us it could be a sign that your tooth has nerve damage and may require further treatment to alleviate the problem.

Chewing: Avoid chewing hard foods for 24 hours in order to allow the bonding to achieve its maximum strength. Aggressive chewing should be avoided for two weeks.

Your Bite: It is not unusual for your bite to be off-balance. We adjust the bite immediately after placing the restoration, however the numb feeling often does not allow for proper refinement of the bite at the time of service. Please contact our office to schedule for a swift adjustment if needed.

Hygiene Visits: To keep your Cerec restoration in top condition, visit us for routine hygiene visits. Often, small problems that can develop around the restorations can be corrected, if found early. The most often cited reason for failure of any dental restoration is failure to return for routine hygiene visits.

You have one of the finest dental restorations possible in dentistry today. Continued care and routine dental check-ups will ensure years of fine service.

It has been our pleasure to care for you.

Sincerely,

Dr. March and Staff